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COLON & RECTAL SURGERY, COLONOSCOPY

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Banding of Internal Hemorrhoids

Banding is the placement of a small rubber band on an internal hemorrhoid. It is a simple procedure done in the office, usually without major discomfort. It treats the prolapse and bleeding caused by internal hemorrhoids and rectal mucosal prolapse.

It is NOT indicated on patients allergic to latex, taking some anticoagulation medications and some patients with other major medical conditions.

The procedure takes minutes and is usually very well tolerated. After the bands are placed it is common to have some discomfort and sensation of pressure for 2-3 days. Bleeding is not uncommon for a short period of time. The band will fall off in five days and come out with your stool. We can only band one hemorrhoid on each visit. Patients can require 1-3 applications, 4 weeks apart from each other.

If you experience severe pain, fever or chills, difficulty urinating, constipation, swelling, bleeding or drainage of pus, please contact our nurse line (763) 587 7753. A simple call can save you a lot of time.

In case of emergency call 911.

You can have a normal diet and you may have regular bowel movements. General recommendations are a high fiber diet, increase your daily fluid intake, a daily fiber supplement (Metamucil™, Hydrocil™, Benefiber™ etc). One tablespoon in a glass of water every the morning. We favor powders over pills.

Even though these conditions are minor, they are best treated by a Board Certified Colon and Rectal Surgeon, an expert in this field. Please go to our website www.drisaac.net for more information. Look for patient education and instructions.